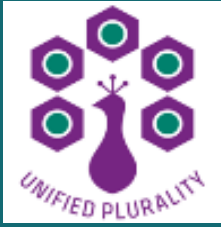




Govt. MAM College
(A Constituent College of Cluster University of Jammu)



Webinar on STRESS MANAGEMENT

**Organised by Department of Psychology
In Collaboration with
IQAC**



Patron

Dr G.S. Rakwal

Principal, Govt. MAM College, Jammu



Speaker

**Dr Romesh Sharma,
Head Counselling Cell,**

**Directorate of School Education
Department, Jammu**



**Dr Shabila Wani
HOD, Psychology**

On 11st of Oct 2021 from 1 pm to 2 pm

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