

**OFFICE OF THE PRINCIPAL,
GOVT. MAULANA AZAD MEMORIAL COLLEGE,
(A CONSTITUENT COLLEGE OF CLUSTER UNIVERSITY OF JAMMU)
Dr. B.R. AMBEDKAR ROAD, JAMMU- 180006 J&K UT - INDIA**

PRINCIPAL



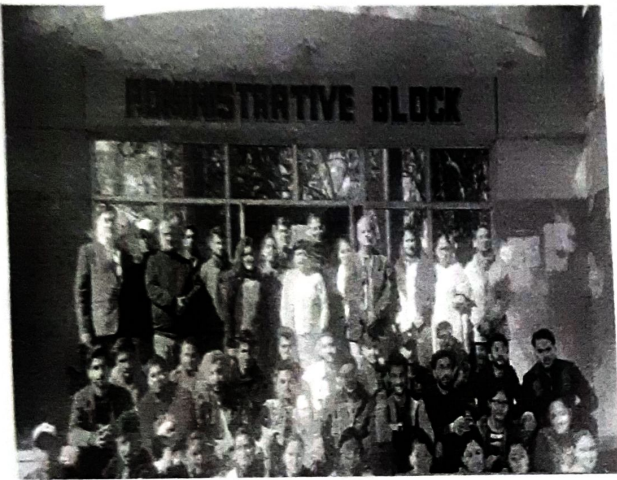
Phone/ Fax : +910191-2453497
Mobile No : +91 9419139015 (O)
E Mail : mamcollege1954@rediffmail.com
Website : www.mamcollegejammu.org

No. MAM/Coll./20/3437
Dated:25-01-2020

PRESS RELEASE

Six days Student Excellence and Learning Programme(SELP) organized by Govt.MAM College Jammu

As per the directions of *Higher Education Department J&K*, Internal Quality Assurance Cell (IQAC) of Govt. MAM PG College Jammu organized Six days Student Excellence and Learning Programme (SELP) under Employment Skill Enhancement Scheme from 20-01-2020 to 25-01-2020.



A total of 60 students of the college enthusiastically participated in the programme. The function was inaugurated by Dr. Nalini Pathania and Dr.Anita Brar from GCET(overall coordinator) in the presence of galaxy of resource persons and faculty Mr.Tarique Nasim Khan(Art of Living) from Morocco, Dr.Meena Gupta (Nodal officer/ Coordinator of the programme), Prof.Bhanu Priya, Prof. Neelam kumari, Prof Shallu Gupta, Dr.Gulshan Ara, Prof. Khalid, Dr.Kuldeep Raina, Dr.Navneet Kour, Mr.Ajay Kapoor media head Art of Living, Dr. Mateen Hafiz, prof. Vijeeta Anand, Er.Anshula Gupta(Yoga expert), Er.Sunny Sharma (Yoga expert), Dr. Richa Gupta, Mr.Ajay Paul

Singh(Cinema and Bollywood), Mr.Mishal Singh(Main Focus) and Dr.Rakesh Kumar Koul (Coordinator IQAC).

On the very first day the students were trained by Mr.Tarique Nasim Khan about Art of Communication, Importance of Commitment and soft skills. Dr Nalini Pathania apprised the students about the importance of plantation drives to keep the mother nature healthy. Mr Ajay Pal Singh spoke on various aspects of bollywood and cinema.

The second day commenced with the activities Yoga practice, conflict resolution, different types of pranayama, being consistent and determined and Sudershan kriya. Dr Rakesh Kumar Koul(Coordinator IQAC) apprised the students about materialistic lust and



ual approach. Prof. Bhanu Priya enlightened the students about value system in commerce and trade.

The third day started with Yoga practice, team building skills, coordination games, Sudershan kriya, and Pranayama. Dr.Kuldeep Raina explained about Indian music. Dr. Meena Gupta conducted a brainstorming session.

Fourth day began with Yoga practice, Mathematics of mind, Difference between opinions' and advice, Sudershan Kriya and team building skills. Dr. Richa Gupta organized debate on women empowerment.

The fifth day initiated the continued yoga practice, Pranayama, Enthusiasm and energy and Sudershan Kriya. Mr.Mishal Singh deliberated upon personality development and spoken English. M.r Ajay Pal Singh spoke on the aspects of career and struggle in Bollywood and cinema .

On the sixth and last day of the programme students were given the practice of Yoga, pranayama, sudershan kriya to be followed life long as tool for success. Practice of Taking responsibility and balancing materialism and spiritualism was also given to the students.

The valedictory function was presided over by Dr. Nalini Pathania. All the resource persons, Faculty from GCET, Team members of Art of Living, members of the SELP committee of college and IQAC committee were present at the occasion. Certificates of appreciation were distributed among the students and mementos were presented to the resource persons. Refreshment to the students and the resource persons was provided by the college administration. Dr.Meena Gupta Nodal officer and Coordinator of the programme expressed her satisfaction and thanked the Higher Education department for providing an opportunity to the college to conduct such programme..

The Principal of the College Dr.G.S Rakhwal appreciated the efforts of the students, faculty and resource persons in making the programme successful.

.Sd/-

PRICNIPAL

OFFICE OF THE PRINCIPAL,
GOVT. MAULANA AZAD MEMORIAL COLLEGE,
(A CONSTITUENT COLLEGE OF CLUSTER UNIVERSITY OF JAMMU)
Dr. B.H. AMBEDKAR ROAD, JAMMU - 180006 J&K IT- INDIA

PRINCIPAL



Phone/Fax : +910191-2453497 (O)
Mobile No : + 91 9419139015 (O)
E Mail : mamcollege1954@rediffmail.com
Website : www.mamcollegejammu.org


No. MAM/Coll/10/3943
Date. 24/02/2020

The Universal Education
Bengaluru.

Subject:- *Employability Skill Training completion certificate.*

We would like to take this opportunity to thank the team of Universal Education for conducting the "Employability Skill Training" programme w.e.f 27th January to 7th February 2020.

The programme was intended to give a comprehensive knowledge about quantitative aptitude, verbal aptitude, presentation skills, resume writing, group discussion etc. The overall programme focused on raising the employability skills of the students. The programme was highly beneficial for the students to enable them to get themselves placed in highly competitive sectors like corporate sectors, PSU's and as well as govt. sectors. The programme was highly appreciated by the students.


PRINCIPAL
Principal
Govt. M.A.M. College
Jammu